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Introductory Letter
Sarah Williams, MA, Registered Psychologist

Welcome to Dartmouth South Professional Centre (& the Atlantic ADHD Clinic),

There are a few administrative items that I ask client to complete in advance of their first appointment, as it often helps to make our first session as productive as possible for you. However, I also want to ensure that these items do not present a barrier to your attendance. Therefore, you also have the option to defer completing any of the items listed below until we have the opportunity to meet and discuss in person.

1. **Forms:** Please review and complete the following documents:
 - a. **Consent for Services**
 - b. **Consent for the Exchange of Confidential Information (if applicable):** Please sign a *separate* form for each professional that you consent for information to be shared with (e.g., Dr. Sadek- psychiatrist, physician, school).
2. **Documents (if applicable):** I find it is often helpful to review the following documents. Please forward the following information to our office at your earliest convenience or bring to your next appointment. Electronic copies can be emailed in advance to atlanticadhd@outlook.com
 - a. **Specialist reports** (e.g., Psychiatrist, Psychologist, Speech Therapist, Occupational Therapist, Audiologist, etc.).
 - b. **School records** (e.g., Recent report cards, Programming Adaptations, Individualized Program Plan, Resource Reports).

Sincerely,



Sarah Williams, M.A.,
Registered Psychologist

Attached documents:

- a. Consent for Services
- b. Consent for the Exchange of Confidential Information