

## PERSONALITY DIFFICULTIES QUESTIONNAIRE - ADULTS

### Personality Difficulties Questionnaire (PDQ)©

Permission to reproduce may be obtained from Dr. Joseph Sadek email: [joseph.sadek@cdha.nshealth.ca](mailto:joseph.sadek@cdha.nshealth.ca)

This scale is designed for the patient to complete and designed for adults to help in the diagnosing for issues **other than** ADHD.

<i>Please circle the answer that applies to you.</i>			
1. I never keep a job for more than 6 months.	<i>True</i>	<i>False</i>	<i>Unsure</i>
2. I never felt competent at my work.	<i>True</i>	<i>False</i>	<i>Unsure</i>
3. I never enjoyed my work.	<i>True</i>	<i>False</i>	<i>Unsure</i>
4. I have problems with my identity.	<i>True</i>	<i>False</i>	<i>Unsure</i>
5. I had sexual encounters with the same sex.	<i>True</i>	<i>False</i>	<i>Unsure</i>
6. My intimate relationships never last for more than 6 months.	<i>True</i>	<i>False</i>	<i>Unsure</i>
7. I had too many sexual partners to count.	<i>True</i>	<i>False</i>	<i>Unsure</i>
8. I cannot keep friends.	<i>True</i>	<i>False</i>	<i>Unsure</i>
9. My emotions are like a roller coaster, shifting quickly.	<i>True</i>	<i>False</i>	<i>Unsure</i>
10. I feel empty most of the time.	<i>True</i>	<i>False</i>	<i>Unsure</i>
11. For years I have had regular suicidal thoughts/behavior.	<i>True</i>	<i>False</i>	<i>Unsure</i>
12. I feel like killing myself if I am abandoned.	<i>True</i>	<i>False</i>	<i>Unsure</i>
13. I cannot control my anger most of the time.	<i>True</i>	<i>False</i>	<i>Unsure</i>
14. I feel special and unique with lots of talents.	<i>True</i>	<i>False</i>	<i>Unsure</i>
15. People are there to serve me.	<i>True</i>	<i>False</i>	<i>Unsure</i>
16. I think that most people are ignorant and stupid.	<i>True</i>	<i>False</i>	<i>Unsure</i>

17. People bring the misery on themselves/they deserve it.	<i>True</i>	<i>False</i>	<i>Unsure</i>
18. My friends are in high places.	<i>True</i>	<i>False</i>	<i>Unsure</i>
19. I do not care about the law, I have my own laws.	<i>True</i>	<i>False</i>	<i>Unsure</i>
20. I drive recklessly.	<i>True</i>	<i>False</i>	<i>Unsure</i>
21. I lie to get what I want.	<i>True</i>	<i>False</i>	<i>Unsure</i>
22. I do not plan ahead.	<i>True</i>	<i>False</i>	<i>Unsure</i>
23. I do not think people are loyal to anyone.	<i>True</i>	<i>False</i>	<i>Unsure</i>
24. I do not forgive insults.	<i>True</i>	<i>False</i>	<i>Unsure</i>
25. I cannot confide in anyone.	<i>True</i>	<i>False</i>	<i>Unsure</i>
26. I do not trust people.	<i>True</i>	<i>False</i>	<i>Unsure</i>
27. I cannot get involved with people unless I am liked.	<i>True</i>	<i>False</i>	<i>Unsure</i>
28. I worry a lot about people criticizing me.	<i>True</i>	<i>False</i>	<i>Unsure</i>
29. I avoid social situations most of the time.	<i>True</i>	<i>False</i>	<i>Unsure</i>
30. I cannot make decisions without lots of advice from others.	<i>True</i>	<i>False</i>	<i>Unsure</i>
31. I would do anything to get approval from others.	<i>True</i>	<i>False</i>	<i>Unsure</i>