

Sadek ADHD Checklist (SAC) ©

		Never	Rarely	Sometimes	Often	Very often
Symptom of Inattention Mnemonic: Details Off						
D	DETAILS often missed					
E	EASILY distracted					
T A	TASK AVOIDENCE (that require attention)					
I	INABILITY to listen to or focus on INSTRUCTIONS					
L	LOSE or misplace things					
S	SUSTAINING attention is problematic					
O	ORGANIZATIONAL problems					
F	FINISHED projects are rare					
F	FORGETFUL					
Total Adults 5/9						
Total Children 6/9						
Symptoms of Hyperactivity Impulsivity Mnemonic: RAPID GIRL		Never	Rarely	Sometimes	Often	Very often
R	RUNS about or climbs excessively					
A	ANSWERS blurted					
P	PLENTY of talk					
I	INTERRUPTS OR INTRUDES on others					
D	DIFFICULTY awaiting turn					
G	Going non stop					
I	IMPATIENCE with prolonged seating					
R	RESTLESS always fidgets or squirms					
L	LOUD					
Total adults 5/9						
Total children 6/9						